



Indigenous Communities: *Active for Life*

The Indigenous Communities: Active for Life is a full-day workshop with the purpose of establishing culturally tailored resources that inspires community leaders to deliver programs that promote the holistic development of their participants.

The resource and workshop support community leaders and individual champions as they embark on a journey to develop and provide abundance in a quality sport & physical activity programs, build collaborative relationships, and re-engage their community members into active and healthy lifestyle

- An understanding of [physical literacy](#)
- Holistic ideas to support Indigenous Participants needs
- Tools, resources and action plan

[\[Click Here to Register Online for an Upcoming Workshop\]](#)

Date & Location

October 6, 2022 | 9am – 5pm

Engage Sport North

[Charles Jago Northern Sport Centre, 333 University Way, Prince George](#)

Workshop Fees and Lunch



Contact Details

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