



Indigenous Communities:

Active for Life Sport for Life WORKSHOPS

The Indigenous Communities: Active for Life is a full-day workshop with the purpose of establishing culturally tailored resources that inspires community leaders to deliver programs that promote the holistic development of their participants. The resource and workshop support community leaders and individual champions as they embark on a journey to develop and provide abundance in a quality

sport & physical activity program, build collaborative relationships, and re-engage their community members into active and healthy lifestyle.

- An understanding of [physical literacy](#)
- Holistic ideas to support Indigenous Participants needs.
- Tools, resources, and action plan

[Click Here to Register Online](#)

Date: Sunday, February 25th, 2023, | 10am – 4:00pm

Location: Okanagan Indian Band, Head of Lake Hall,
118 head of the lake road, Vernon, BC

Contact Details

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